







# WJSOC, EYSOC 2014

Team officials' meeting 19.02.2014 Long distance

#### Start

Mass starts on ski stadium. Competitors will be lined up in rows,10 competitors in each row. No classic ski track from the start! In first approximately 50 m from start only double poling is allowed! End of double poling section will be marked with a line in the terrain.

NB! There is a downhill section on wide ski track just before map start point. Be careful!

## Handout of maps

Before mass start maps will be handed out into each athlete's left hand behind her/his back between 90 and 45 seconds before the start and on the signal the athletes are allowed to move the map from behind into their map holder. Signal "Maps" will be given 15 sec before the start.

# Warm-up

Warm-up area is the same area next to the competition centre as today.

# Waxing facilities

Same as today.

#### Quarantine

No quarantine zones. Maps will be collected after the finish.

It is strictly forbidden for teams to follow GPS tracking on web before last start

FAIR PLAY!

#### Courses

Courses consist of 3 loops, with 2 map changes on the arena

Category	Length	Controls
M17	10,0 km	25
M20	13,5 km	31
W17	9,4 km	24
W20	11,2 km	26

Last loop is approx 2,5 km on all courses

As there are 31 controls on M20 course, competitors with "small" SI-cards (series SI5 no.1 - 499999 and SI8 no. 2000000 – 2999999) will get new SI-cards for long distance. New SI-cards will be handed out in the competition office at the arena before start. Please check SI-card numbers in the start list and make sure that competitors will start with appropriate SI-card!

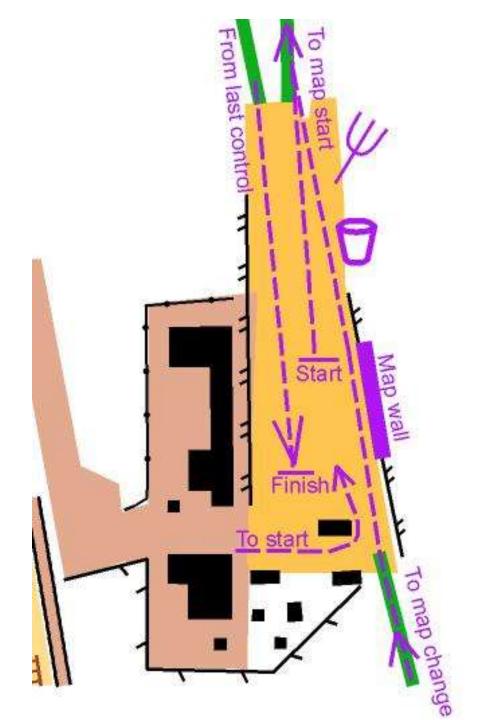
- Courses are using a relatively small area, therefore controls are situated close to each other and courses cross themselves. No controls closer to each other than 60 metres, though. Check carefully control codes and control sequence!
- Big difference in 1st and 2nd loop lengths over 1km
- Lakes are out of bounds, also mapped like this (dark blue with black borderline)
- NB! In the course section of first 400 metres from start there are some unmapped scooter tracks, which are closed with plastic tape!
  These tracks are of poor quality and do not offer any good route choices

#### Refreshments

Official refreshment (warm water) next to map wall. Own refreshments allowed in same area.

## Equipment deposit

Next to the refreshments





Skiable "black" road covered with snow

# **GPS** tracking

GPS tracking devices will be handed out on the arena. Selected skiers are marked in the start list

#### Wheather forecast

www.ilm.ee www.emhi.ee

# GOOD LUCK!