

# **WMTBOC**

**World MTBO Championships**



**2013**

**ESTONIA  
Rakvere**

## **JWMTBOC**

**Junior World MTBO Championships**

# Day 4 – Long – Agenda

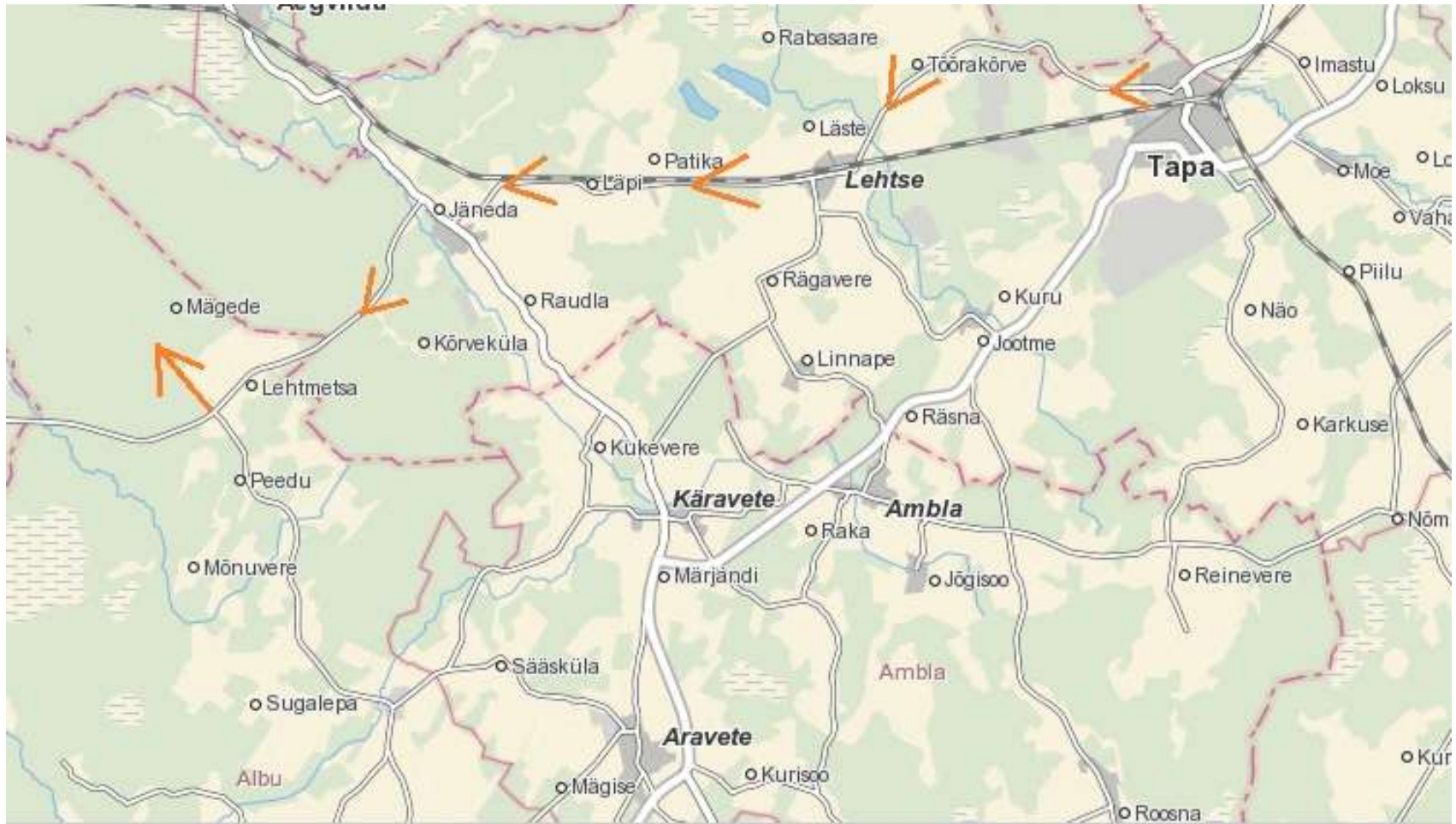
- Roll-call
- Time schedule
- Location
- Map
- Punching
- GPS
- Arena
- Quarantine rules
- Start
- Course
- Terrain and tracks
- Safety

# Day 4 – Long – Time schedule

First start	M20	09:05
	W20	09:38
	ME	09:43
	WE	10:10

Start quarantine deadline **10:30**

# Day 4 – Long – Location 1/2



Driving instructions: Drive from Rakvere to Tapa. Before Tapa turn to Lehtse and Jäneda. Signs to quarantine area start from Jäneda.

# Day 4 – Long – Location 2/2



# Day 4 – Long – Map 1/3

Scale 1:15 000 / 5 m

Survey 2013

Sizes A3, A3, A4

Protection Same as previous maps

Standard ISMTBOM 2010 with adjustments

# Day 4 – Long – Map 2/3

**FORBIDDEN**



**527 Settlement**

**ALLOWED**



**401 Open land**



**402 Open land with scattered trees**



**403 Rough open land**



**404 Rough open land with scattered trees**

**IMPASSABLE**



**406 Forest: reduced visibility**

**100% yellow**

**50% yellow**

**Well rideable**

**Risky**

# Day 4 – Long – Map 3/3



- Ski tracks



# Day 4 – Long – Punching

- SI system
- Start            No punch
- Finish           No punch

# GPS

- GPS units
  - to 20 male and 15 female riders
  - list of the riders available on event website
  - take the GPS unit from organizers in good time before your start in pre-start area

# **Day 4 – Long – Arena**

**According to the bulletin 4**

# Quarantine and warm-up

- **General rules**
  - only registered riders / officials
  - no phone / computer internet gadget / etc – even if switched off!
- **Long quarantine details**
  - Quarantine area is situated on the way to the finish area (arena)
  - Parking during quarantine time is allowed only in finish area.
  - All equipment needed before start can be loaded off the cars on the way to finish area and picked up after the competition, on the way to home.
  - Quarantine is situated on the shore of small lake
  - Tents and toilets are available in the quarantine area
- **Warm up allowed only on approximately 500 m section of the road shown in the Bulletin 4, page 34! End of the section is marked in the terrain.**

# Day 4 – Long – Start

- Start checks
  - SI card number
  - Start numbers front/back
  - No GPS gadget with map screen / navigation
- Start procedure
  - Same as in sprint and middle, but without start podium.

# Day 4 – Long – Course

- 2 map changes in all classes
  - the second map (in the first map change) for ME and WE will be numbered and attached to the map stand similarly as today in the relay.
  - in second map change ME and WE maps will be handed out classwise (maps are not numbered)
  - M20 and W20 maps will be handed out classwise (maps are not numbered)
  - Drop the previous map at the map change control
  - On next loop map course starts with start triangle, control order numbers continue

# Day 4 – Long – Terrain & tracks

- On many small tracks organisers have cut grass and it has grown up to different heights after cutting
- Due to dry summer marshes are rather dry
- Dotted tracks are sometimes difficult to see at the junctions

# Day 4 – Long – Safety

- Some smaller roads with light traffic pass through the terrain. Watch out for possible cars!
- In the area with several lakes there is a recreation centre and on Saturday one can expect people moving around on the tracks in the terrain and cars moving in the territory of the centre. Watch out when passing through!





Good luck!